

Social Skills Outside Practice Record

Asking about a New Medication You

The steps are: **Have Heard About**

Step 1. Tell your doctor that you have heard about a new medication called _____.

Step 2. Ask your doctor if he or she thinks that this medication may be helpful for you.

Step 3. Discuss the pros and cons of changing to a new medication.

Step 4. Listen carefully to what the doctor says.

Step 5. Let the doctor know what you think.

Name: _____ **Date Assigned:** _____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: _____ **Location:** _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective