Social Skills Outside Practice Record

**Asking about a New Medication You Have Heard About**

The steps are:

Step 1. Tell your doctor that you have heard about a new medication called ________.

Step 2. Ask your doctor if he or she thinks that this medication may be helpful for you.

Step 3. Discuss the pros and cons of changing to a new medication.

Step 4. Listen carefully to what the doctor says.

Step 5. Let the doctor know what you think.

Name: ___________________________ Date Assigned: _____________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced:______________ Location:_____________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

___ 1. not at all effective
___ 2. a little effective
___ 3. moderately effective
___ 4. very effective
___ 5. highly effective