Social Skills Outside Practice Record

*Asking Questions about Health-Related Concerns*

The steps are:

Step 1. Choose a person to speak to, such as a case manager, a nurse, or a doctor.

Step 2. Ask the person your question.

Step 3. If you do not feel comfortable with the person’s answer or if you do not understand, ask more questions.

Step 4. Thank the person for his or her help.

Name: ___________________________ Date Assigned: ___________________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: __________ Location: _______________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

___1. not at all effective
___2. a little effective
___3. moderately effective
___4. very effective
___5. highly effective