

Social Skills Outside Practice Record

Asking Questions about Health-Related Concerns

The steps are:

Step 1. Choose a person to speak to, such as a case manager, a nurse, or a doctor.

Step 2. Ask the person your question.

Step 3. If you do not feel comfortable with the person's answer or if you do not understand, ask more questions.

Step 4. Thank the person for his or her help.

Name:_____ **Date Assigned:**_____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced:_____ **Location:**_____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective