

# **Social Skills Outside Practice Record**

## **Asking Questions about Medications**

The steps are:

Step 1. Choose a person to speak to, such as a case manager, a nurse, a doctor, or a family member.

Step 2. Ask the person your question about medication. Be specific.

Step 3. If you do not understand the person's answer, ask more questions.

Step 4. Thank the person for his or her help.

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**Name:**\_\_\_\_\_ **Date Assigned:**\_\_\_\_\_

**Person Assisting with Outside Practice:**

**Skill Being Practiced:**

**Brief description of assignment (my plan):**

**Date practiced:**\_\_\_\_\_ **Location:**\_\_\_\_\_

**Briefly describe what took place:**

**How effective were you at using the skill during the outside practice? Please check one:**

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective