

Social Skills Outside Practice Record

Asking Someone for a Date

The steps are:

Step 1. Introduce yourself or greet the person you want to talk with.

Step 2. Ask the person about what activities or hobbies he or she enjoys doing.

Step 3. Tell the person about what activities or hobbies he or she enjoys doing.

Step 4. Try to find a common interest.

Name: _____ **Date Assigned:** _____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: _____ **Location:** _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective