SOCIAL SKILLS OUTSIDE PRACTICE RECORD

Asking Someone for a Date

The steps are:

1. Choose an appropriate person to ask.
2. Suggest an activity to do together.
3. Listen to the person’s response and do one of the following:
   a. If the person responds positively to your suggestion, choose a day and time to get together. Be willing to compromise.
   b. If the person indicates that they are not interested in going out on a date, thank the person for being honest with you.

Name: ___________________________ Date Assigned: ____________________

Person Assisting with Outside Practice: ____________________________

Skill Being Practiced: ____________________________________________

My Plan (brief description of assignment):

________________________________________________________________________

Practice Date: _________________ Location: _____________________________

Briefly describe what took place:

________________________________________________________________________

How effective were you at using the skill during the outside practice? Please check one:

☐ Not at all effective  ☐ A little effective  ☐ Moderately effective
☐ Very effective  ☐ Highly effective