Social Skills Outside Practice Record

Complaining about Medication Side Effects

The steps are:

Step 1. Choose a person to speak to, such as a staff member, a nurse, a doctor, or a family member.

Step 2. Tell the person you are concerned that you may be experiencing side effects from your medication.

Step 3. Describe the symptoms you are experiencing. Remember to be specific.

Step 4. If you are speaking to a medical person, ask for advice about how to handle the symptoms. If you are speaking to a nonmedical person, ask for help in setting up a medical appointment.

Name: ______________________  Date Assigned: _____________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: ____________  Location: _______________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

___ 1. not at all effective
___ 2. a little effective
___ 3. moderately effective
___ 4. very effective
___ 5. highly effective