

Social Skills Outside Practice Record

Disagreeing with Another's Opinion

without Arguing

The steps are:

Step 1. Briefly state your point of view.

Step 2. Listen to the other person's opinion without interrupting.

Step 3. If you do not agree with the other person's opinion, simply say that it is OK to disagree.

Step 4. End the conversation or move on to another topic.

Name: _____ **Date Assigned:** _____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: _____ **Location:** _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective