Social Skills Outside Practice Record

Eating and Drinking Politely

The steps are:

Step 1. Take your time and check the temperature of the food or drink.

Step 2. Take small bites or sips, and chew all food thoroughly.

Step 3. Swallow what is in your mouth before speaking.

Step 4. Use a napkin to wipe hands and mouth.

Name:_________________________  Date Assigned:_________________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced:_______________ Location:_____________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

___ 1. not at all effective
___ 2. a little effective
___ 3. moderately effective
___ 4. very effective
___ 5. highly effective