

# **Social Skills Outside Practice Record**

## **Eating and Drinking Politely**

The steps are:

Step 1. Take your time and check the temperature of the food or drink.

Step 2. Take small bites or sips, and chew all food thoroughly.

Step 3. Swallow what is in your mouth before speaking.

Step 4. Use a napkin to wipe hands and mouth.

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**Name:** \_\_\_\_\_ **Date Assigned:** \_\_\_\_\_

**Person Assisting with Outside Practice:**

**Skill Being Practiced:**

**Brief description of assignment (my plan):**

**Date practiced:** \_\_\_\_\_ **Location:** \_\_\_\_\_

**Briefly describe what took place:**

**How effective were you at using the skill during the outside practice? Please check one:**

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective