Social Skills Outside Practice Record

Expressing Affection

The steps are:

Step 1. Choose a person whom you are fond of.

Step 2. Pick a time and place where you can be with the person in private.

Step 3. Express affection using a warm and caring voice tone and/or by offering a warm physical gesture.

Step 4. Tell the person why you feel this way.

Name:_________________________________  Date Assigned:_______________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced:_____________ Location:_____________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

1. not at all effective
2. a little effective
3. moderately effective
4. very effective
5. highly effective