

Social Skills Outside Practice Record

Expressing Affection

The steps are:

Step 1. Choose a person whom you are fond of.

Step 2. Pick a time and place where you can be with the person in private.

Step 3. Express affection using a warm and caring voice tone and/or by offering a warm physical gesture.

Step 4. Tell the person why you feel this way.

Name: _____ **Date Assigned:** _____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: _____ **Location:** _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective