

# **Social Skills Outside Practice Record**

## **Expressing Positive Feelings**

The steps are:

Step 1. Look at the person.

Step 2. Tell the person exactly what it was that pleased you.

Step 3. Tell him or her how it made you feel.

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**Name:**\_\_\_\_\_ **Date Assigned:**\_\_\_\_\_

**Person Assisting with Outside Practice:**

**Skill Being Practiced:**

**Brief description of assignment (my plan):**

**Date practiced:**\_\_\_\_\_ **Location:**\_\_\_\_\_

**Briefly describe what took place:**

**How effective were you at using the skill during the outside practice? Please check one:**

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective