

Social Skills Outside Practice Record

Listening to Others

The steps are:

Step 1. Look at the person.

Step 2. Let him or her know that you are listening by either nodding your head OR saying something like “Uh-huh” or “OK” or “I see.”

Step 3. Repeat back what you heard the other person saying.

Name:_____ **Date Assigned:**_____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced:_____ **Location:**_____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective