The steps are:

Step 1. Ask yourself these questions:
   a. When did I have it last?
   b. Was there anyone around me at that time?

Step 2. Take some time to look carefully for the item you cannot find.

Step 3. If you still have not found the item, ask someone for help. Say something like “Have you seen my ______? I am looking for it.”

Name: __________________________  Date Assigned: ______________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: __________ Location: __________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

1. not at all effective
2. a little effective
3. moderately effective
4. very effective
5. highly effective