

# **Social Skills Outside Practice Record**

## **Responding to Criticism from a Supervisor**

The steps are:

Step 1. Without interrupting or getting angry, listen carefully to what is being said to you.

Step 2. Repeat back what your supervisor said.

Step 3. Ask your supervisor what you can do to improve the situation.

Step 4. If you do not understand what was said, continue to ask questions until it becomes clear.

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**Name:** \_\_\_\_\_ **Date Assigned:** \_\_\_\_\_

**Person Assisting with Outside Practice:**

**Skill Being Practiced:**

**Brief description of assignment (my plan):**

**Date practiced:** \_\_\_\_\_ **Location:** \_\_\_\_\_

**Briefly describe what took place:**

**How effective were you at using the skill during the outside practice? Please check one:**

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective