Social Skills Outside Practice Record
Responding to Unwanted Advice

The steps are:

Step 1. Politely acknowledge the advice given.

Step 2. Express appreciation for the person’s concern.

Step 3. Tell the person that you will think about it, and then change the subject.

Step 4. If the person persists, let him or her know that you are not interested in the advice.

Name: ___________________________  Date Assigned: _______________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: __________ Location: _________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

___ 1. not at all effective
___ 2. a little effective
___ 3. moderately effective
___ 4. very effective
___ 5. highly effective