

Social Skills Outside Practice Record

Responding to Unwanted Advice

The steps are:

Step 1. Politely acknowledge the advice given.

Step 2. Express appreciation for the person's concern.

Step 3. Tell the person that you will think about it, and then change the subject.

Step 4. If the person persists, let him or her know that you are not interested in the advice.

Name: _____ **Date Assigned:** _____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: _____ **Location:** _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective