

Social Skills Outside Practice Record

Responding to a Stranger or a Drug Dealer

The steps are:

Step 1. Decide whether to make eye contact.

Step 2. Tell the person that you don't want to use drugs or alcohol. Be brief.

Step 3. If appropriate, give the person a reason why you do not want to use.

Step 4. Leave the situation.

Name:_____ **Date Assigned:**_____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced:_____ **Location:**_____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective
- 5. highly effective