Social Skills Outside Practice Record
Starting a Conversation with a New or Unfamiliar Person

The steps are:

Step 1. Choose the right time and place.

Step 2. If you do not know the person, introduce yourself. If you know the person, say, “Hi.”

Step 3. Choose a topic that you would like to talk about OR ask a question.

Step 4. Judge whether the other person is listening and wants to talk.

Name: __________________________ Date Assigned: __________________________

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: __________ Location: __________________________

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

1. not at all effective
2. a little effective
3. moderately effective
4. very effective
5. highly effective