

Social Skills Outside Practice Record

What to Do When Someone Goes

Off the Topic

The steps are:

Step 1. Say something like “That’s interesting; can we talk about that after we finish this discussion?”

Step 2. If the person has forgotten what the topic is, politely remind him or her.

Step 3. Judge whether the other person is still interested in the original topic.

Step 4. If the other person is interested, continue the discussion. If he or she is not interested, politely end the conversation or talk about something new.

Name: _____ **Date Assigned:** _____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced: _____ **Location:** _____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- 1. not at all effective
- 2. a little effective
- 3. moderately effective
- 4. very effective

5. highly effective