

SAMPLE TREATMENT TEAM HANDOUT

Social Skills Training for Serious Mental Illness



Social Skills Providers:

Charlie Provider
(X5555)
Frieda Facilitator
(X5556)

Groups held:

Tuesdays &
Thursdays
3pm to 4:30pm
Room 213B

We would like to introduce a new treatment opportunity for Veterans with serious mental illness (SMI) provided in the PRRC – **Social Skills Training** group.

The purpose of this highly structured Social Skills group is for Veterans to improve interpersonal skills and move forward on self-identified recovery goals. Just about everyone in the world can benefit from improving their social skills! The main way group members practice social skills is through role-plays and getting helpful, positive feedback from the group.

ELIGIBILITY: In order to be eligible for the Social Skills groups a Veteran must have a diagnosis of a serious mental illness (e.g., schizophrenia, schizoaffective disorder, bipolar disorder, treatment refractory depression).

TIME/PLACE: The groups will be held Tuesday and Thursday afternoons from 3pm to 4:30pm on the second floor (room 213B).

REFERRAL PROCEDURE: (1) Call one of the group facilitators at the extensions to the left with the Veteran's contact information. (2) The SST group facilitators will call the Veteran and set up an individual meeting prior to starting the group.