Social Skills

COMMUNAL LIVING SKILLS

Locating Your Missing Belongings

What to Do If You Think Somebody Has Something of Yours

Asking for Privacy

Checking Out Your Beliefs

Reminding Someone Not to Spread Germs

Eating and Drinking Politely
Social Skills
Locating Your Missing Belongings

Step 1. Ask yourself these questions:

a. When did I have it last?

b. Was there anyone around me at that time?

Step 2. Take some time to look carefully for the item you cannot find.

Step 3. If you still have not found the item, ask someone for help. Say something like “Have you seen my_____? I am looking for it.”
Social Skills
What to Do If You Think Somebody Has Something of Yours

Step 1. Using a calm voice, ask the person if they have the item. *Do not accuse the person.*

Step 2. Listen to the person’s answer.

Step 3. If you are not satisfied with their answer, ask a staff person or someone you trust for help.
Social Skills
Asking for Privacy

Step 1. Identify the person you need to talk to about getting privacy.

Step 2. Choose the right time and place.

Step 3. Explain to the person that you need some private time.

Step 4. Tell the person of a time period when you will need privacy.
Social Skills

Checking Out Your Beliefs

Step 1. Choose a person you trust to talk to.

Step 2. Tell the person what your belief is.

Step 3. Ask the person what their opinion is.

Step 4. Repeat back the opinion, and thank the person for their point of view.
Social Skills
Reminding Someone Not to Spread Germs

Step 1. Look at the person.

Step 2. Tell the person how they are spreading germs: Be specific.

Step 3. Suggest what the person can do differently.

Step 4. Thank the person if they follow your suggestion. If your suggestion is not followed, tell someone in charge.
Social Skills
Eating and Drinking Politely

Step 1. Take your time and check the temperature of the food or drink.

Step 2. Take small bites or sips, and chew all food thoroughly.

Step 3. Swallow what is in your mouth before speaking.

Step 4. Use a napkin to wipe hands and mouth.